

When to Keep Your Child Home from School Communicable Disease Guidelines



KEEP YOUR CHILD HOME IF HE/SHE HAS ANY OF THESE SYMPTOMS:

Fever - over 100 degrees F. orally. Temperature should remain normal (~98.6 degrees) without medication for at least 24 hours before returning to school.

Sore throat - especially if associated with fever or swollen glands

Vomiting - within the past 24 hours

Coughing - persistent, irritating cough spreads germs to others, can be exhausting and it is distracting in the classroom setting

Diarrhea - more than one occurrence in a 24 hour period

Drainage from the eye -the eye crusted and difficult to open (especially upon waking)
(It *may* be conjunctivitis or "pink eye" which is highly contagious and needs assessment by your health care provider. Students may return to school following 24 hours of antibiotic treatment.)

Nasal discharge (yellow or greenish) -If your child's nasal mucus has a color and is accompanied by a fever and/or coughing, sneezing, drowsiness, and general signs of not feeling well, your child may be contagious and should remain at home until the symptoms subside. Call your doctor if you have any concerns or questions.

Appearance/Behavior - unusually tired, pale, lack of appetite, difficult to wake, confused

Rash - body rashes not associated with heat, or allergic reactions

Lice - Head lice is VERY common in schools where there are lots of children. If live bugs are found on hair please take the time to treat and/or manually remove them before coming back to school. Students may be in school with nits following some type of treatment that is ongoing. Manual removal of lice and daily combing is recommended.

❖ **VERY IMPORTANT - Remember to keep the school updated with new phone numbers and emergency contacts in case your student becomes ill at school.**

Please call your school nurse with any questions!.

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